

ALL DAY

Sourdough toast - w/ house made jams, vegemite, peanut butter or honey.	7	Melba's mushrooms salad - asian braised mushrooms, soft boiled egg, crumbed eggplant, soba noodles, pickled ginger and chili, coriander, toasted sesame & enoki	18
Soughdough fruit toast. (GFO)	8	fries.(GFO) (V)(VGO) *vegan, egg replaced with tofu	
Coconut, chia and tapioca pudding - trail mix, chia seeds, organic peanut butter, caramelised banana & seasonal fresh fruits. (GF) (VG)	16	Avocado and spiced hummus - poached egg, avocado in lime vinaigrette and coriander, deep fried haloumi, marinated cherry tomatoes, toasted pepitas, grilled	18
Fruity french toast - fresh berries, butterscotch sauce, sweet cinnamon labneh, salted popcorn and trail mix.	17	mediterranean vegetables w/ sourdough toast. (GFO) (V) (VGO)	
"Green eggs and ham" - fried egg, smoked pork belly, polenta hash, salsa verde leafy greens and apple, crispy pork cracker with fennel & chilli salt, (GFO)	e, 18.5	Veggie bowl - poached egg, falafel, haloumi, asparagus, pea, herbs and rocket, zucchini ribbons with yoghurt dressing, romesco sauce,	17.5
Eggs benedict - poached eggs, house made English muffins, braised ham hock, grilled asparagus, lemon hollandaise, fennel & apple salad. (GFO)	18	Brisket steak sandwich - 5hr braised beef brisket, caramelised onion, swiss cheese, house made BBQ sauce, mayonnaise, fresh tomato, cucumber pickles & lettuce w/ French fries. (GFO)	19
Breaky board - poached egg, confit salmon, avocado, halloumi, polenta hash, tapioca and chia pudding, sourdough toast & freshly squeezed orange juice. (GFO)	24	Reuben sandwich - beef brisket, house made sauerkraut, Dijon, pickles, on dark rye w/ apple & fennel side. (GFO)	17
Confit and seared salmon - crumbed egg, spiced beetroot sauce, avocado mousse, grilled asparagus, fried capers, pickled fennel & dill w/ sourdough toast. (GF)	20	Crumbed eggplant panini - crumbed eggplant, spiced hummus, spinach, grilled haloumi on toasted panini. (GFO)	16
Beef cheek burger - peppered beef cheeks braised in red wine, house made buns, coleslaw, mayonnaise, house pickles served w/ fries.	18.5	Egg and bacon roll - house made roll, free range bacon, fried egg, swiss cheese, house pickles & Dijon. (GFO) +\$7 pork belly slab	12
Souffle omlette - butter and thyme mixed mushrooms, blue cheese, spinach,	17.5	Fresh salads - salads made daily, check display.	7/12
toasted walnuts, freshly grated grana padano w/ garlic rubbed sourdough toast.		Free range eggs - w/ sourdough toast. (GFO) (V)	10
TUCKCUOD \$46		CIDEC	

TUCKSHOP - \$16	KIDS		SIDES	SIDES			
Choice of 1 protein and daily salad, T/A only. Pork belly Beef brisket Confit salmon Beef cheeks Falafel	Egg Soldiers	6	Pork belly slab	7 8 4 3 3	Polenta hash Extra egg Grilled haloumi Grilled asparagus Spinach	5 3 4	
	Fresh friut & yogurt Scrambled egg on toast Cheese toastie	6 6 6	Confit salmon				
			Bacon				
			Sauteed mushrooms			4	
			Roasted cherry tomatoes			3	
			Avocado	4	House BBO sauce	1	



COFFEE		SMOOTHIES		COCKTAILS	
Flat white / Latte / Cappuccino / Mocha Long Macchiato / Short Macchiato	4/4.5	GREEN FIELDS Kale, Spinach, Dates, Banana, Chia Seeds, Nut Milk or Coconut Water		MIMOSA Prosecco & Orange Juice	10
Espresso / Double Espresso / Long Black	4			BLOODY MARY	
Bonsoy / Organic Almond /Organic Coconut Organic Oat	50c	VELVET Acai Berry, Banana , Dates, Coconut Water		Vodka, Tomato Juice, Tobasco, Pepper, Lemon & Celery	10
HOT DRINKS				BEER	
Hot Chocolate	4.5/5	PEANUT BUTTER CUP Banana, Peanut Butter, Chia Seeds, Dates, Nut Milk or Coconut Water		Peroni Red	5
Tumeric Latte	5			Hawkers Pale Ale Venom Golden Ale	7 8
CALMER SUTRA CHAI CO. Brewed Chai Latte Pot	5	MONTE CARLO		Moon Dog Mac Daddy Dark Ale	7
CALMER SUTRA LOOSE LEAF TEAS English Breakfast / Earl Grey / Green / Peppermint	3.5	Blueberries, Banana, Muesli, Golden Crunch Cookie, Honey, Nut Milk or Coconut Water	10	Matso's Alcoholic Ginger Beer Kelly Bros Apple Cider	7 7
Lemongrass & Ginger / Chamomile		ADD TO YOUR SMOOTHIE Maca Powder, Chia Seeds or Hemp Seeds		OR a beer of your choice from our extensive selection.	
COLD DRINKS		Maca Fowder, Chia Seeds of Herrip Seeds		WINE	
REMEDY KOMBUCHA Ginger & Lemon / Hibiscus Kiss / Apple Crisp	5	FRESH JUICE (all organic produce)		RED House Shiraz	8
DAYLSFORD & HEPBURN SPRINGS ORGANIC		ORANGE JUICE	8	House Pinot Noir	10
SPARKLING Cola / Ginger Beer / Lemonde / Sparkling Water	4.5	ROZ'S GREEN JUICE Cucumber, Spinach, Green Apple, Celery & Lemon	8	WHITE House Sauvignon Blanc House Pinot Grigio	8
Iced Coffee	7			SPARKLING	0
Iced Chocolate	7	MINTY MELON		House Prosecco	8
MILKSHAKES Salted Caramel / Chocolate / Vanilla	7	Watermelon, Apple Ginger & Mint CUSTOM JUICE	8 10	OR wine of your choice from our extensive selection. Corkage fee \$5 added to RRP.	